



CHW Quick Facts

What is a CHW? The CHW is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the CHW to act as a bridge between the health system and the community. CHWs take care of the non-clinical needs of community members under their care.

Community Health Workers sometimes work under different titles such as Care Coordinator, Outreach Worker, Kinship Navigator, Family Resource Specialist and other job titles. CHWs work under a CHW Code of Ethics to provide quality care.

Where do CHWs work? CHWs work in hospitals, family resource centers, community based organizations, schools, community health centers, public health networks and health departments.

How can CHWs help people in the Community?

- Helps people navigate the health care system.
- Connects people to community programs and services that help keep them healthy like housing, transportation, food, fuel assistance, medication assistance, and often, job opportunities.
- Assists with managing chronic diseases like asthma, diabetes, and hypertension
- Helps people better understand and manage their health
- Provides coaching and support
- Conducts outreach to share information about programs and services
- Provides education to community members

Why are CHWs important?

CHWs are effective in helping expand access to services and improve health. CHWs are also cost effective. Research shows they reduce the number of hospital days, improve blood sugar control among people with diabetes, and help people get the care they need before they get sicker.

For more information go to [Community Health Workers \(snhahec.org\)](http://Community Health Workers (snhahec.org)) or contact information@snhahec.org