

Who We Are



CHWs are important members of the healthcare, public health and human service workforce, and trusted members of the community. This trusting relationship enables them to serve as a bridge between community members in need and the services that can help improve their health and quality of life.

CHWs can be patient navigators, care coordinators, case managers, recovery coaches, outreach workers, or peer mentors. They can be employed by social service agencies, healthcare providers, schools, community organizations, municipalities, and a variety of other organizations.



What We Do

Community Health Workers promote healthy behavior and improve overall quality of life – with compassion for the communities we serve.

We build relationships on a foundation of mutual respect and trust to guide individuals in overcoming barriers and creating paths to personal success.

We meet our clients in a variety of places, like their homes, provider offices, or community settings and support them to reach their health-improvement goals.

We identify and reduce challenges to getting healthier by helping people learn to manage their illnesses, connect to community resources and services, better understand providers' instructions, and learn to speak up for their own healthcare needs.



How We Make A Difference



INTERVENTIONS FOR CHRONIC DISEASE MANAGEMENT

A study on effects of nurse care managers and CHWs on diabetes-related health complications among African Americans.

Patients receiving services from both a CHW and a nurse case manager had the greatest declines in A1C (glycosylated hemoglobin) values, cholesterol triglycerides, and diastolic blood pressure.

A1C
CHOLESTEROL
BP



A southern CHW-led educational program and service coordination to address diabetes and cardiovascular disease.



The project saw successes in motivating participants to take steps to delay or prevent diabetes and/or cardiovascular disease, and increased patients' reported desire to take better care of their health.



CHW PROGRAM SUCCESSES IN RURAL SETTINGS

A northern US patient navigator/community health representative program aimed to reduce cancer disparities among American Indians.



Individuals with cancer who received services during radiation treatment had an average of three fewer days of treatment interruptions.

In one state, CHWs Delivered Cognitive Behavioral Training Intervention for Rural Patients with Diabetes and Chronic Pain.



80%
80% of the program participants completed the training, of whom 95% reported satisfaction.

Source: Astho/Medline Search

Incorporate CHWs Into Your Practice or Organization

You can improve outcomes for your patients or clients by hiring CHWs to address social determinants of health. CHWs-NH can provide free technical assistance to help you create, improve, and sustain CHW programs that support the health of your patients or clients. Technical assistance can include how to hire, train, mentor and supervise CHWs.

If you would like to consider incorporating CHWs into your organization and don't know where to start, contact us at info@CHWs-NH.org.

Become A CHW!

Does the idea of helping people appeal to you? Are you interested in making your community healthier?

Becoming a Community Health Worker may be your calling!

If you are a good listener, can talk easily with people you don't know, can accept that others may think differently than you, and are organized, reliable and trustworthy, consider taking a CHW training. Go to CHWs-NH.org to learn more.



A community health worker is a frontline public health worker who is a trusted



CHWs can meet with people in their homes to identify obstacles to better health.

member of and/or has an unusually close understanding of the community served.

CHWs offer solutions to overcome barriers to physical activity.



This trusting relationship enables the worker to serve as a liaison, link, or



CHWs help people understand—and follow—doctors' instructions.

intermediary between health/social services and the community to facilitate access



CHWs support people as they cut down on avoidable hospital visits.



to services and improve the quality and cultural competence of service delivery.

(APHA, 2016)

About CHWs-NH

The NH Division of Public Health has contracted with the North Country Health Consortium to support and promote the CHW workforce over the next three years.

The approach includes building CHW training capacity, creating a sustainable statewide infrastructure for the development of the CHW workforce, and engaging with stakeholders to develop CHW certification and support statewide data collection.

The goal is to integrate CHWs into health and social systems, improve CHW workforce development, and identify financing mechanisms to support CHWs.

CHWs-NH also aims to develop awareness of the CHW workforce and create programs for CHW recruitment, professional development and networking opportunities.

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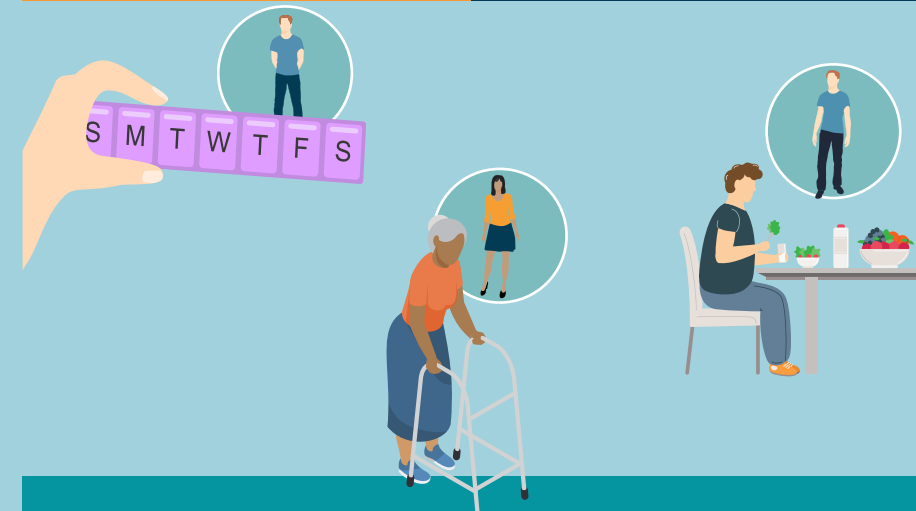
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